

Folded Taco Crunch Wrap: Your New Favourite Comfort Food

Who doesn't love a crunchy, cheesy, taco-inspired wrap? This Folded Taco Crunch Wrap is perfect for busy weeknights or a fun Taco Tuesday dinner. Made with Nutrafarm's juicy, grass-fed ground beef, it's a quick and delicious way to enjoy restaurant-quality comfort food at home. Ready in less than 30 minutes, this recipe is guaranteed to become a family favourite!

Ingredients

- Nutrafarm's grass-fed ground beef
- Sour cream
- Shredded cheese
- Corn chips
- Tortillas
- Fresh cilantro
- Butter



Instructions

- 1. Cut the Tortilla** Start by cutting a tortilla from the centre to one edge, creating a single slit. This will allow you to fold the tortilla into a perfect crunch wrap.
- 2. Layer Your Toppings** Divide the tortilla into four quarters and add the following toppings:- Shredded cheese- Cooked NutraFarms grass-fed ground beef- Crunchy corn chips- Sour cream
- 3. Fold the Tortilla** Carefully fold the tortilla into quarters, ensuring the layers are packed tightly. This creates the signature folded crunch wrap shape.
- 4. Cook to Golden Perfection** Heat a pan over medium heat and cook the folded wrap until golden brown on both sides, ensuring the cheese melts and everything sticks together.
- 5. Drizzle with Cilantro Butter** Melt butter and mix in freshly chopped cilantro. Drizzle this buttery goodness over the crunch wrap, then top with extra sour cream for the ultimate finishing touch.
- 6. Serve and Enjoy** Slice your folded taco crunch wrap in half or enjoy it whole for a satisfying, flavour-packed meal!



Why Grass-Fed Beef?

Nutrafarms' grass-fed ground beef isn't just about taste—it's about making a better choice for your health and the planet. Grass-fed beef is leaner and richer in omega-3 fatty acids and antioxidants compared to grain-fed beef. It's raised without added hormones or antibiotics, ensuring a cleaner, more natural product. Plus, supporting grass-fed beef helps promote sustainable farming practices that are kinder to the environment and better for animal welfare. [Learn more about Nutrafarms' grass-fed beef here.](#)

Conclusion

This **Folded Taco Crunch Wrap** is the perfect combination of crunchy, cheesy, and savoury goodness. Made with Nutrafarms' grass-fed ground beef, it's not just delicious—it's better for you and the environment. Whether it's Taco Tuesday or just a busy weekday, this recipe is a quick, satisfying meal the whole family will love.

