## Homemade Chicken Nuggets: A Delicious Family Favourite

Looking for a delicious and healthy appetizer to wow your guests this holiday season? These **Nutrafarms Turkey Meatballs** are sure to bring joy to your table! Lean, flavourful, and easy to make, they're perfect for holiday parties, snacking, or a light dinner amidst the festive hustle and bustle.

#### Ingredients:

- I lb ground turkey
- 1/3 cup breadcrumbs
- •1 egg
- 1/3 cup onion, finely chopped
- 1-2 cloves garlic, minced
- Fresh parsley, chopped
- Parmesan cheese, for topping



### Instructions:

#### 1. Season & Fry the Chicken:

In a large bowl, combine the ground turkey, breadcrumbs, egg, onion, and garlic. Add a pinch of salt and pepper for extra flavour.

#### 2. Make the Filling:

□Roll the mixture into bite-sized meatballs, about 1 inch in diameter.

#### 3. Prepare the Dough:

Flatten out pieces of biscuit dough and place a generous spoonful of the chicken mixture in the center. Fold the dough around the filling and pinch the edges tightly to seal.

#### 4. Air Fry:

Place the chicken bombs seam-side down in the air fryer. Bake at 300°F for 15 minutes or until golden brown and crispy.

#### 5. Garnish & Serve:

Top with fresh cilantro for a burst of colour and flavour. Serve immediately and watch them disappear!



# Why These Turkey Meatballs are a Holiday Hit

Nutrafarms' turkey is lean, nutritious, and full of flavour. These meatballs are a healthier alternative to traditional appetizers without compromising on taste. They're quick to make, easy to serve, and perfect for:

- Holiday parties []
- Family gatherings 🗌
- Light weeknight dinners 🛛

Plus, they're sure to please everyone at your table!



#### **Final Thoughts**

These Nutrafarms Turkey Meatballs are the perfect addition to any holiday menu. They're easy to prepare, full of flavour, and made with high-quality, nutritious ingredients. Whether you're hosting a festive party or looking for a quick, healthy meal, these meatballs deliver on taste and convenience. Give them a try and make your holiday gatherings even more special!