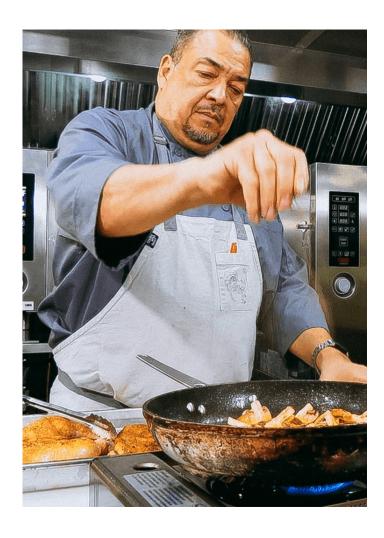
# Hunter Style Chicken (Chicken Cacciatore)

Nutrafarms is excited to bring you a classic dish with a rustic twist from Chef Rupert Boreland: Hunter Style Chicken, also known as Chicken Cacciatore. Using <u>Nutrafarms' real pastured chicken</u>, <u>Chef Boreland</u> takes you on a flavourful journey inspired by the traditional hunter's stew. With simple, hearty ingredients, you can whip up this delightful meal that's perfect for any occasion. Let's get started!

#### **Ingredients**

- 4 pastured chicken quarters from Nutrafarms
- Olive oil
- Salt
- Pepper
- Favourite spice (cayenne or smoked paprika)
- 1 onion
- 3-4 cloves of garlic
- 1 cup of mushrooms
- 2 peppers (any variety)
- 1 can of diced tomatoes
- 2 cups of thickened chicken stock or chicken gravy (or mushroom gravy)
- 1 cup of white wine
- Parsley (for garnish)



## How to Cook:

### 1. Preparation:

■ Preheat your oven to 350 degrees Fahrenheit.



#### 2. Preparing the Ingredients:

- Dice or slice the onion and garlic.
- Quarter the mushrooms.
- Dice the peppers.

#### 3. Seasoning the Chicken:

- Season the chicken quarters with salt, pepper, and your favourite spice (e.g., cayenne or smoked paprika).
- Rub the chicken with olive oil.

#### 4. Browning the Chicken:

- Heat a couple of tablespoons of olive oil in a pan.
- Start by browning the dark meat first. Sear the chicken on both sides until you achieve a good colour.

#### 5. Cooking the Vegetables:

- Add the onions and garlic to the pan and sauté until they start to soften.
- Add the mushrooms and continue to cook.

#### 6. Deglazing and Adding Stock:

- Add white wine to the pan to deglaze, scraping up any browned bits from the bottom.
- Add the canned diced tomatoes.
- Pour in the thickened chicken stock or gravy.
- Add the diced peppers.



#### 7. Baking the Chicken:

- Place the seared chicken quarters into the pan with the vegetable mixture.
- Ensure the chicken is not submerged but surrounded by the sauce.
- Add additional chicken stock if needed to prevent the dish from drying out.
- Transfer the pan to the preheated oven.
- Bake for about 40 minutes.

#### 8. Serving:

- Remove the pan from the oven and check the doneness of the chicken.
- Serve the Hunter Style Chicken on a bed of rice or pasta.

• Garnish with chopped parsley.



## Final Thoughts

Experience the hearty and delicious flavours of Hunter Style Chicken, brought to you by Chef Rupert Boreland. This rustic dish, made with Nutrafarms' high-quality pastured chicken, is perfect for a cozy family dinner.