

☐ **Smash Tacos Recipe (with Backwoods Maple Habanero Kick)**

If you're looking for the ultimate crowd-pleaser, this Smash Taco recipe is about to become your new go-to. Featuring Nutrafoods' grass-fed ground beef and the bold, sweet heat of Backwoods Maple Habanero Sauce, these tacos bring serious flavour with a fun twist. Whether it's for a game day, weeknight dinner, or just because—you'll be smashing these in no time.

☐ **Ingredients:**

For the tacos:

- **1 lb Nutrafoods Grass-Fed Ground Beef**
- 1 tbsp taco seasoning
- 1 tsp Cajun seasoning
- 1 tbsp garlic powder
- Salt & pepper to taste
- Small tortillas (flour or corn)
- Shredded cheese(cheddar or mozzarella work great)

For the burger sauce:

- $\frac{1}{4}$ cup mayo
- 2 tbsp ketchup
- 1 tsp relish
- Pinch of sugar

Toppings:

- Shredded lettuce
- Pickles
- **Backwoods Maple Habanero Pepper Sauce (don't skip this part!)**



□ Instructions:

1. Season the Beef:

Roll into small portions (around $\frac{1}{4}$ cup each) to get ready for smashing.

3. Prep the Tortillas:

Heat a non-stick or cast iron pan over medium-high heat (no oil needed). Place each taco meat-side down and cook for 3–4 minutes until browned and crisp.

5. Flip & Cheese It:

Flip the taco and cook the tortilla side for another 2 minutes. Sprinkle cheese on the hot beef side and let it melt beautifully.

6. Make the Burger Sauce:

In a bowl, stir together mayo, ketchup, relish, and a pinch of sugar. Chill it while the tacos finish up.

7. Assemble Like a Pro:

Top your cheesy beef tacos with shredded lettuce, pickles, a drizzle of burger sauce, and the star of the show—**Backwoods Maple Habanero Pepper Sauce**. Add as much kick as you can handle!



□ Why Nutrafarms Grass-Fed Ground

Beef?

The secret behind the unbeatable taste and quality of these tacos? **Nutrafarms' Ontario-raised, grass-fed ground beef.** Sourced from responsible local farmers, this beef is nutrient-dense, flavourful, and raised without added hormones or antibiotics. When you use Nutrafarms, you're choosing food that works harder for your health—and your taste buds.

[□ Learn more and order today at: \[nutrafarms.ca/grass-fed-beef-products\]\(https://nutrafarms.ca/grass-fed-beef-products\)□](https://nutrafarms.ca/grass-fed-beef-products)

□ Final Thoughts

These smash tacos are everything: crispy, cheesy, saucy, spicy, and totally satisfying. They're fast to whip up, fun to serve, and seriously addictive. Whether you're feeding friends or treating yourself, they hit the mark every time.